**Mission Trip 2016**

**What to Bring**:

* With luggage, live by this motto: The smaller, the better. Choose comfort over fashion. Lay everything out and leave half!
* 4 days worth of old work clothes (no bra straps showing, inappropriate t-shirts or short shorts) –bring a few plastic bags for dirty clothes
* Clean change of clothes for evenings each day, sleepwear, one nice dress outfit for church (should be modest – dress or skirt for girls, collared shirt for guys)
* Closed toe shoes for work – **must bring**, as some work sites specifically require closed-toe shoes!
* Sunglasses, visors, sunscreen, insect repellent for outdoor work
* Swim suit and towel
* Light jacket or blanket and a pillow for the bus ride (air conditioning is usually on full blast)
* 3 Towels/washcloths, toiletries, flip flops for shower, hand sanitizer, small bag to pack for off-site showers
* Medication – anticipate for various situations and bring what you may need (to be administered yourself) - Ibuprofen, Pepto Bismol, contact solution, glasses, inhalers, Epi-pen
* Air mattress, covers, pillow, pumps, power strips (if you have these items – label them)
* Bible, journal, pen for devotions
* Mini flashlight
* Additional meal money for travel days and some extra spending money. Suggested amount $100.00
* Work gloves, hammers, paint brushes (if you have)
* All youth are expected to bring an open mind & flexible attitude. Leave behind any drama and gossip. This trip will require you to step out of your comfort zone – take initiative and be a self-starter.
* It is important that you seek ways to be a part of the group & not isolate yourself. Youth are required to go in pairs especially during free time. They are responsible for each other’s safety.
* Please do NOT bring weapons, illegal drugs & alcohol, pocket knives, fireworks, matches, etc.
* Bringing anything of great monetary or sentimental value is strongly discouraged. The church cannot replace stolen items.
* Cell phones & iPods should be used on a limited basis. No electronics are allowed at the worksites as well as during devotion or mealtime – if it is too tempting, leave it at home!

\*\*Make sure all forms are turned in along with a copy of your health insurance card.\*\*

***Bring suitcase to the church (ROOM 201) by 3 p.m. on Friday, July 15.***

**Sample Agenda:**

**Saturday, July 16:** 5:30 AM arrive at FUMC parking lot for departure & prayer. Carry breakfast with us and stop at rest area 2 hours down the road.

(Periodic stops every 2-3 hours - if your child has specific issues, let us know)

Travel

Arrive at Old West United Methodist Church, Boston, MA (oldwestchurch.org)

**Sunday, July 17:** Church services at Old West UMC (bring offering; dress appropriately)

Lunch/FUN Harvard Square ($$ snacks, souvenirs)

Showers at YMCA

Dinner (provided)

Orientation

Lights out

**Monday, July 18:** Rise and shine!

Breakfast, pack lunches, morning glow

Worksites:

**The Greater Boston Food Bank (GBFB.org)**

**Food for Free (foodforfree.org)**

**Ole West UMC (oldwestchurch.org)**

**Pine Street Inn (pinestreetinn.org)**

Return from worksite, shower and clean up

Dinner out (you will need money)

Debrief & devotions, lights out

**Tuesday July 19:** Very similar to Monday; **Boston Red Sox game (ticket provided) vrs** **San Francisco Giants**

**Wednesday, July 20:** FUN DAY in Boston

**Thursday July 21:** Very similar to Monday

**Friday July 22:** Very similar to Monday, Dinner provided, **Depart for Gastonia**

**Most importantly: bring with you a sense of humor, an eagerness to serve, availability, obedience, love of God, and love of others. Short-term missions are just another opportunity for us to live out what we need to be living 24/7 wherever we are.**

**In Case of Emergency: Old West UMC 617-227-5088**